Outpatient Detoxification
This service is for people who are medically stable and can be safely detoxified from alcohol, painkillers and other substances while remaining in the settings in which they will function when they are substance free. Family or an outside support system is required. This service provides an atmosphere of trust and confidentiality provided by professionals experienced in the field of addictions.

The Respond Department
The Center for Behavioral Health provides assessment 24 hours a day, 7 days a week identifying individuals' behavioral health needs and to provide referrals to community resources, without charge or obligation.

Community Support and Education
The Center for Behavioral Health provides ongoing support groups and community education programs.

Psychiatry Residency Program
University Hospital and Medical Center is a teaching hospital in psychiatry residency, graduate level therapists and nursing practicum. It offers training in the biological, psychological, behavioral, and socio-cultural aspects of psychiatry and strives to prepare residents for successful careers that emphasize clinical practice, scholarship, teaching and research.

The Center for Behavioral Health accepts most forms of insurance including Medicare and Medicaid.
The Center for Behavioral Health

The Center for Behavioral Health at University Hospital and Medical Center is committed to helping individuals and families in our community be healthy and well by providing exceptional behavioral health care services for people of all ages and different cultures. All behavioral health services are staffed by a multi-disciplinary team of licensed professionals including psychiatrists, psychologists, registered nurses, clinical social workers, dieticians, and other mental health professionals.

Our 60-bed inpatient unit features a gym, cafeteria, pool and indoor and outdoor group areas. It is a Baker Act Receiving facility. Services include crisis stabilization and a wide range of inpatient and outpatient therapies that are tailored to the patient.

Young Inpatient Behavioral Health Services

Adolescents and children with behavioral and emotional disturbances have different needs than adults. The Center for Behavioral Health provides treatment to young patients (ages 4 to 17) with acute conditions that require 24 hour supervision. Psychiatrists, psychologists, nurses, social workers, and recreational therapists provide a structured learning environment and assist patients with understanding mental illness, developing coping skills, enhancing their self-esteem and learning responsibilities.

Adult Inpatient Behavioral Health Services

The Center for Behavioral Health features two separate adult units to address the full spectrum of adult care. Inpatient care is provided to patients with symptoms so severe they require 24 hour supervision and behavioral health treatment. The inpatient treatment helps stabilize, diagnose, and treat the condition. A full range of services including psychiatry, psychiatric nursing, counseling, therapeutic activities and discharge planning are available to help patients develop strategies for minimizing symptoms, reducing stress, making better decisions, and coping with their emotions.

Electro-Convulsive Therapy

Electro-Convulsive Therapy is a treatment option for patients with depression who do not respond favorably to pharmacological interventions. Patients who believe they may benefit from this treatment should consult with their current provider of psychiatric treatment for education on possible benefits from this option.

The Center for Geriatric Behavioral Health

The Center for Geriatric Behavioral Health is designed to treat and improve the lives of adults 65 years and older who are suffering from depression and other psychiatric diseases. Special care is taken to meet their emotional and physical needs to assure their safety and well-being while in our care. Our team of dedicated professionals develops a course of treatment based upon the individual needs of the patient. Treatment plans are closely monitored and updated as the patient progresses.

Partial Hospitalization Program (PHP) & Intensive Outpatient Program (IOP)

The Partial Hospitalization Program and Intensive Outpatient Program provide comprehensive psychiatric care in a less restrictive environment than an inpatient program. Patients participate in treatment during the day and return home each afternoon. Treatment focuses on developing coping skills and changing behaviors to deal more effectively with daily living, prevent relapse, and foster ongoing recovery. For more information about PHP/IOP, call 954-724-6226.